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**HE'S MAKING THE WORLD'S LONGEST PICKLE** **metroNEWS**



**Your essential daily news | WEDNESDAY, SEPTEMBER 2, 2015**

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DONNA MAXWELL/FOR METRO

## FILLY'S DAY OFF

**Odysseo's horses on vacation**  
**metroNEWS**

## Record number of newborns seized: Advocate

### FIRST NATIONS

### As many as 40 babies a month taken from moms

The children's advocate for Manitoba's First Nations says social workers are seizing an average of one newborn baby a day and "shoving them anywhere."

Cora Morgan said she was with a mother in hospital Monday when Child and Family Services took the woman's three-day-old son. The only reason given was that the mother had been a ward of family services until she was 18, Morgan said.

"It was heart-wrenching," she said. "It just seemed so utterly heartless."

Manitoba is seizing a record number of newborns — as many as 40 a month from one downtown hospital — rather than supporting parents, Morgan said. The infants are taken into care without assessment of the parents or their ability to care for the child, she said.

Manitoba has one of the highest apprehension rates in Canada, said Morgan, who added the seizures are as damaging as Indian residential schools.

Manitoba has more than 10,000 children in care. The system has been under scrutiny for years following several high-profile deaths and assaults.

Premier Greg Selinger said the province is shifting towards prevention programs and, in some First Nations communities, they appear to be working.

Ian Wishart, a critic with the Opposition Conservatives, said it has become Manitoba's policy to apprehend babies first and ask questions about the parents' fitness later.

"Once a child is apprehended, it's at least three months until you get it back. It can be as long as six, even if you are in a position of strength," he said.

"That's a critical time for the attachment between a child and the mother. You are interfering with that attachment."

THE CANADIAN PRESS

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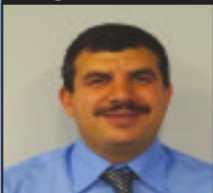
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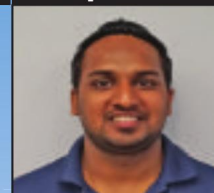
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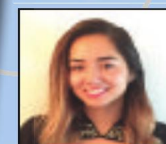
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## IN BRIEF

### Man flashes woman

Winnipeg Police are on the hunt for a man after a woman was flashed in Wolseley Monday.

The woman had been walking near Clifton Street and Wolseley Avenue around 1 p.m. when a man she didn't know asked if he could pet her dog.

Police said as the man and woman talked, he committed an indecent act.

The woman turned away, and the suspect took off north on Clifton Street.

The suspect is described as aboriginal in appearance, five feet 11 inches, 170 pounds with a medium build, dark short hair and crooked teeth. He was wearing a brown hooded with gold on the shoulder, and black track pants with vertical white stripes.

Anyone with information is asked to call 204-986-6668 or CrimeStoppers at 204-786-TIPS.

METRO

### Stony Mountain prison lockdown lifted

A week-long lockdown at a federal prison near Winnipeg is over.

It began Aug. 24 after the death of an inmate at Stony Mountain Institution. Clayton Korski, who was 33, had been serving a life sentence for murder when he died.

RCMP have a 21-year-old man in custody but have yet to lay charges.

Correctional Service Canada says the lockdown has been lifted and a search of the facilities has been completed. THE CANADIAN PRESS



Winnipeg Police spokesman Eric Hofley is seen at a media conference on Tuesday. DAVE BAXTER/METRO

## Public told not to handle suspicious packages

### SAFETY

### Police issue reminder after woman brings one to station



Dave Baxter  
Metro | Winnipeg

Winnipeg Police are reminding people what to do if they receive a suspicious package, after one was driven directly

to a Winnipeg police station on Monday.

On Monday police said an older woman got a package in the mail, and believed the package was suspicious.

She loaded the package into her car and drove to the West District Police Station on Grant Avenue, arriving around 5:30 p.m.

The package was left in her vehicle, and the bomb unit inspected it and found it was not explosive.

"The service would like to take this opportunity to advise the public that should they receive

or come across a suspicious package they should call 911 immediately and not handle the package any further," said police spokesperson Eric Hofley.

"The service has trained professionals ready to access and deal with such incidents in the safest possible manner."

People increase their chances of harm to themselves and to others if they handle or travel with a suspicious package, said Hofley.

"Movement of such packages can also be catastrophic due to unstable contents so please do

not risk your safety or the safety of those around you."

The woman was concerned about the package because it didn't have a return address, according to police.

"We understand that with the events that occurred over the summer people are taking these types of things very seriously and we encourage them to do so," said Hofley. "We would much rather err on the side of caution.... If you do believe the package is suspicious for whatever reason, you should be treating it as such and not handling it."

### NORTH KILDONAN

## Stabbing suspect sought

Winnipeg police have released a photo of a man wanted on a Canada-wide warrant in connection with the stabbing death of a man at a party in North Kildonan last month.

Darryl Arthur Abraham, 36, of Winnipeg, died in hospital after he was stabbed at his home in the first 100 block of Donwood Drive just before 5 a.m. on Aug. 22.

Police have identified George Alan Guimond, 35, as their suspect, but have not yet found him.

Guimond is well known to police, but Const. Eric Hofley couldn't say for sure if he is a resident of the city. "Certainly we have had extensive contact with Mr. Guimond over the years, so he has spent a large portion of his time here," said Hofley.

The nature of the crime led to the Canada-wide warrant for manslaughter, said Hofley, who added police don't necessarily believe he has left the city.

"Investigators are hoping that people in and around the area will have an idea of where Mr. Guimond may be and contact us." DAVE BAXTER/METRO



George Alan Guimond

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## REGINA

## Woman claims daughter died in jail due to lack of medical care

A Manitoba woman says her daughter didn't get proper medical care before she died in a cell at the White Birch Remand Centre in Regina.

Sheri Chartrand says her 21-year-old daughter, Breanna Kannick, called her from the remand centre two days before her death.

Kannick was waiting for a bail hearing on drug-related charges before she died on Aug. 20.

Chartrand said she told her daughter she would bail her out if she would come home to The Pas, Man.

She says Kannick was suffering from withdrawal from drugs, but while in jail she hadn't seen a nurse or had

a medical assessment.

Saskatchewan Justice spokesman Drew Wilby said the department is investigating.

Wilby said jail staff are supposed to talk to the inmate when they first come in to get a history, including questions about drug use. He said a medical assessment is to be done as soon as possible.

The White Birch facility has trained nurses on staff and coordinates with doctors at the health region to offer prescriptions when needed, Wilby added.

Chartrand says she heard her daughter was vomiting and kicking the door trying to get help before she died.

"I said just hang on, it's only a couple more days and I'll get you out and you can come home," Chartrand said. "She said OK and said, 'I love you mommy' and I said 'I love you and I'll see you Thursday.'"

On Aug. 20, she got a call from her mother in Winnipeg telling her that Breanna had died.

Chartrand says the probation officer didn't know Kannick was dead when she called, but eventually she got through to someone who told her it was true.

"I'm angry, very angry and I'm upset and I can't sleep because that's all I can see is my little girl kicking on the door for help, and nobody helped her," she said. THE CANADIAN PRESS

### IN BRIEF

#### Public library picks its Writer-in-Residence

The Winnipeg Public Library has selected its new writer-in-residence.

It was announced Tuesday that the position for 2015-2016 will be held by Patricia Robertson.

Starting Oct. 1 and ending

in April 2016, Robertson will provide writing guidance to the public through individual consultations and group workshops, while also working on her own writing projects.

The writer-in-residence provides online and in-person consultation with

emerging and established writers of all genres from an office located at Millennium Library.

Manuscripts for review can be submitted by email or by mail starting Oct. 1, and submission guidelines are available at [winnipeg.ca/library](http://winnipeg.ca/library). METRO



Don Maestro, an equine performer for Odysseo, lets groomer Amy Langevin know she didn't bring enough carrots for him. DONNA MAXWELL/FOR METRO

## Odysseo horses get some R and R

### EQUINE TALENT

#### Show's 65 stars relaxing on farm near Winnipeg

Donna Maxwell  
For Metro | Winnipeg

Sixty-five horses in Cavalia's Odysseo will be all business come Sept. 10 but right now they're on vacation and they're enjoying their time off at a horse ranch outside Winnipeg.

"You can see from this great pasture that our horses are very happy," said Darren Charles, Odysseo's resident artistic director.

"This is the main thing that

we try to achieve during the horses' vacation. It's very important to us to give the horses the rest, the love, the care and the happiness, and this is also what we take to the show."

The 13 stallions and 52 geldings travel all over North America with the show that mixes equestrian and stage arts with high tech theatrical effects.

Charles said depending on the distance between performances, the horses can travel by truck or by air.

They came from Montreal to Winnipeg in specially equipped trailers, the last of the 110 semis that transport the massive touring show.

A crew of grooms, vets and health techs travel with the horses to provide constant care, and in each city they hire local staff as well.

Travelling groom Sue Davies

said they use about 40 of the 65 horses each night, so the horses don't get overworked.

"We try to do a rotation system, especially for certain numbers that require lots of energy from the horses," Davies said.

The horses spend about 12 minutes on stage when they perform.

They're fed seven times a day, and in one year they consume 15,000 bales of hay and 70,400 pounds of grain.

And of course, there are treats: "They really like their carrots and their apples, some of them like bananas and strawberries and things as well," Davies said.

Odysseo runs till Oct. 4 under the White Big Top at the intersection of Sterling Lyon Parkway and Kenaston Boulevard. For tickets and more info go to [cavalia.net](http://cavalia.net).

### IN BRIEF

#### Alcohol a factor in fatal Swan River crash: RCMP

Mounties say liquor is a factor in a crash that killed a BC man in Swan River Monday afternoon.

Emergency crews were called to the corner of Fourth Avenue and Main Street around 4:45 p.m. after a

motorcycle and a pick-up truck had crashed at the intersection. The motorcyclist, a 30-year-old man from Prince George, BC, was taken to hospital with serious injuries where he later died. The driver of the pickup truck, a 23-year-old man from Kelowna, BC, was uninjured.

An RCMP Forensic collision reconstructionist is helping with the investigation, and police said Monday alcohol is believed to be a factor in the crash. Anyone with information is asked to call police at 204-734-4686 or CrimeStoppers at 1-800-222-8477.

METRO

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## ECONOMY

# Minister says national downturn may affect budget

Manitoba Finance Minister Greg Dewar says it's too early to say whether a national economic slowdown will affect the provincial budget.

Dewar says Manitoba's employment numbers have remained strong so far, but retail sales could take a hit if consumers get worried about job security.

Statistics Canada says the economy slipped for a second consecutive three-month period this year, technically knocking the country into a recession.

Dewar says time will tell whether the slowdown will have an impact on the province's predicted \$422-mil-

## \$422 M

This year's predicted deficit for Manitoba.

lion deficit this year or on its plan to balance the budget by 2019.

Dewar is to deliver a budget update later this month.

The NDP government has twice pushed back its plan to balance the budget after a string of deficits starting in 2010.

THE CANADIAN PRESS



Winnipeg School Division chairman Mark Wasyliv says reduced speed should be enforced 365 days a year. DAVE BAXTER/METRO

# Rep calls for all-year school zone rules

## LEGISLATION

## Police now give tickets between late August, June



Dave Baxter  
Metro | Winnipeg

Drivers will get hit in the pocket book for speeding in designated school zones starting this week, but a representative with the Winnipeg School Division (WSD)

thinks those rules should be enforced all year round.

Enforcement of reduced-speed school zones started up Tuesday in Winnipeg, despite the fact most kids don't head back to school until after the upcoming long weekend.

Police can now ticket anyone exceeding the posted 30 km/h speed limit in Winnipeg school zones, and were seen out on Tuesday pulling over speeders by a number of Winnipeg schools.

The 30 km/h speed limits are enforced between 7 a.m. and 5:30 p.m. in most school zones in Winnipeg, and will be enforced until the end of June.

Winnipeg School Division chairperson Mark Wasyliv believes the city would actually hand out fewer tickets if reduced-speed school zones were enforced all year, and at all times of the day and night.

"People aren't thinking about what time of year it is, or what time of day it is when they are driving," said Wasyliv.

"That's a lot to process, so we should just keep it simple, so when you approach a school you just always slow down, and it becomes automatic."

Safety is another reason Wasyliv thinks school zone speed limits should be enforced all year.

"Just because school isn't in session, it doesn't mean families aren't using those facilities. Our schools have playgrounds and daycares and sports teams that play on the fields, and those things happen all year round."

Wasyliv said if he gets support for his idea from his board, he will push for the changes at city hall.

Winnipeg Police spokesman Eric Hofley said although there could be some warnings for drivers in the first week of enforcement, drivers should expect to be ticketed if they are caught speeding in school zones.

## HEALTH

# Smoother ride in new ambulances, says Selinger

Better suspension in 52 new ambulances purchased by the provincial government will help give patients a smoother ride to the hospital, the premier says.

"We want to provide even better care for patients across Manitoba," Premier Greg Selinger said.

"These new ambulances will help provide a more com-

fortable and safer ride for patients while reducing the risk of injury to paramedics. That's important to us."

The new replacement ambulances cost \$6.2 million. The vehicles have liquid-spring suspension, and testing was done to ensure it would work in all types of weather.

The system has a feature that lowers the patient loading height into the ambulance, which reduces the risk of back injuries for paramedics.

The ambulances will be used in EMS stations across the province, including nine in Winnipeg, beginning this month.

METRO



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Premier Greg Selinger

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## VEGETABLES

## Kelowna gardener grows a monster

The record for the world's longest cucumber might belong to a Kelowna, B.C., man — who's also claiming the longest pickle on the planet.

Daniel Tomelin, 54, said his garden has produced a cucumber beyond his wildest expectations.

"I let the thing grow, and it was just starting to touch the ground, and I was kind of saying, 'What is the world's largest cucumber?' I didn't even have a clue."

He looked at the Guinness World Records website, where he learned the record for the longest cucumber is 105 centimetres.

He said he was gobsmacked when his cuke measured 108 centimetres. It reached 113 on Monday, two weeks after he filed his application.

Tomelin decided he would pickle the cucumber and also claim the longest pickle in the world in a category that doesn't yet exist.

Two local gardening experts have verified his claim, Tomelin said. THE CANADIAN PRESS



Dan Tomelin THE CANADIAN PRESS

### IN BRIEF

#### RCMP charges Syrian over Maher Arar torture

The RCMP alleges a former Syrian military intelligence officer was involved in the brutal treatment of Ottawa telecommunications engineer Maher Arar.

An RCMP document filed in court Tuesday charges Col. George Salloum with torture under the Criminal Code. The colonel's whereabouts are unknown.

Arar, a Syrian-born Canadian, was detained in New York in 2002 and deported by U.S. authorities. He wound up in Damascus where, tortured, he falsely confessed to Syrian military intelligence about supposed collaboration with Al Qaeda. THE CANADIAN PRESS

# Numbers say 'recession'

## MARKETS

## Real GDP contracted for two quarters: StatsCan

Canada's economy hit reverse for the second straight quarter of 2015 — knocking the country into its first technical recession in six years, Statistics Canada data revealed Tuesday.

But the data suggests the recessionary dip could, perhaps, already be passing.

The federal agency said real gross domestic product contracted at an annual pace of 0.5 per cent in the April-June quarter, which followed a revised decline of 0.8 per cent in the first three months of 2015.

There were positives tucked in the highly anticipated figures, however. The second-quarter drop was only half as steep as a consensus of economists had predicted and there was evidence that the decline had bottomed out.

Canada's GDP climbed in June by 0.5 per cent after shrinking over the first five months of 2015. The last time the economy experienced a one-month gain of at least 0.5 per cent was July 2013 when it grew by 0.63 per cent.

The June increase was led by a 3.1 per cent boost in natural



Stephen Harper takes a question during a campaign stop Tuesday at a steel plant in Burlington, Ont. ADRIAN WYLD/THE CANADIAN PRESS

resources extraction — the category's first gain following seven consecutive months of decline.

"There's nothing to cheer about in the Canadian GDP numbers, but there's no reason for any more booing than we've already had," CIBC chief economist Avery Shenfeld said Tuesday.

"The economy is contracting through the first half



### The Canadian economy as a whole is now growing.

Stephen Harper

of the year, but the solid gain in June suggests that we'll at least get a breather with a

return to growth in the third quarter."

The new batch of data added fuel to the heated political debate over how best to respond to the weakened economy as parties battle for voter support ahead of the Oct. 19 federal election.

Stephen Harper, whose Conservative party has pinned its re-election hopes on its economic record, tried to high-

light the positives in Tuesday's new data.

"The Canadian economy as a whole is now growing, according to the June figures," Harper told reporters.

"That is the reality of the situation — it is good news."

The last time the economy contracted over two consecutive quarters was in 2009 during the Great Recession.

THE CANADIAN PRESS

### ELECTION 2015

## Political rivals seize opportunity

The opposition parties wasted no time pouncing Tuesday when Prime Minister Stephen Harper said "we've had a few weak months" after Statistics Canada reported the economy met the technical definition of a recession at the end of June.

NDP Leader Tom Mulcair said the new numbers were a clear indicator that Conservative economic policies simply were not working.

"Mr. Harper's plan has failed. That's an objective fact," Mulcair told supporters in Kelowna, B.C.

Added Andrew Thomson, a former Saskatchewan finance minister the NDP is touting as a star candidate: "Under Stephen Harper, this has been Canada's lost decade."

Liberal Leader Justin Trudeau allowed that the size of the recession might be marginal, but he said the bigger picture is that Canadians have been living with the reality of a weak economy for months now and don't need official numbers to confirm what they already know.

"What they would have needed is that politicians, rather than getting hung up on definitions, invest in their future and in their jobs," he said in Gatineau, Que.

Trudeau's trade critic, Chrystia Freeland, didn't mince words: "It's crystal clear, there's no debate. We've had two consecutive quarters of shrinking GDP. That's a recession. We don't know yet if it will be a shallow recession, but we are in recession."

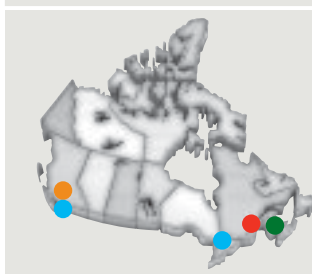
Economists' opinions were divided. Some saw the recession as relatively mild, while others warned of a rough road ahead if oil prices continue to drop.

Harper has largely blamed international factors beyond Canada's control for the downturn, particularly the economic slowdown in China.

He said the Conservative plan of a balanced budget, low taxes and affordable investments is the best course for the country in the face of greater



### WHERE THE LEADERS ARE WEDNESDAY



• **Stephen Harper** will be in North Bay, Ont., and Abbotsford, B.C.

• **Justin Trudeau** will be in Quebec City and Trois-Rivières, Que.

• **Tom Mulcair** will be in Kamloops, B.C.

• **Elizabeth May** will be in Fredericton, N.B.

global problems.

"If we change plans, we'll have a permanent recession like is occurring in many other countries," he said. "We're on the right track."

There is "some validity" to Harper's argument that there are international events beyond Canada's control, said Gordon Betcherman, a political economist at the University of Ottawa's School of International Development and Global Studies.

"Technically we are in a recession and there's a threshold by which something gets defined as a recession and we're just over that line," Betcherman said. "I wouldn't consider it a deep, economic event."

But he agreed the emphasis Canada has placed on resources and commodities make it vulnerable to global turbulence and raise legitimate questions about the broad economic strategy of successive governments.

David Wolfe, a University

of Toronto expert in politics and economics, said that while this is a mild recession, it raises questions about whether a government should be focusing on balancing budgets or expanding investments in infrastructure.

"The challenge with that is timing," said Wolfe. "Sometimes, the recession is already over before the spending can get out the door. But it does make a case for relaxing the current emphasis on balanced budgets."

On that point, the gap between Trudeau and Harper remained wide on Tuesday.

Trudeau reiterated his platform plank — which distinguishes the Liberals from the Conservatives and the NDP — to run deficits before balancing the budget in 2019 in order to spur growth by investing in infrastructure.

"That's why our plan will invest in real growth and isn't really dependent on this morning's announcement," he said.

THE CANADIAN PRESS



# Pope urging mercy

## VATICAN

### Francis lets priests grant absolution for abortion

Pope Francis is applying his vision of a merciful church to women who have had abortions, easing their path toward forgiveness and saying he realizes some felt they had no choice but to make "this agonizing and painful decision."

In a letter published Tuesday by the Holy See, Francis said he was allowing all rank-and-file priests to grant absolution during the Year of Mercy he has proclaimed, which runs Dec. 8, 2015, until Nov. 20, 2016.

The Roman Catholic Church views abortion as such a grave sin that it put the matter of granting forgiveness for an abortion in the hands of a bishop, who could either hear the woman's confession himself or delegate that to a priest who is expert in such situations.

Now, Francis is making it possible for women to bypass



**Pope Francis attends a service during the World Day of Prayer for the Care of Creation in St. Peter's Basilica at the Vatican, Tuesday.** RICCARDO DE LUCA/THE ASSOCIATED PRESS

this formalized process in the approaching special Year of Mercy while putting the stress on "contrite" hearts.

In a statement after the Pope's letter, the Vatican made clear that "forgiveness of the sin of abortion does not con-

done abortion nor minimize its grave effects. The newness is clearly Pope Francis' pastoral approach."

Francis made clear he isn't downplaying the gravity of abortion, which the church essentially views as equivalent to

murder. But he emphasized that abortion is an intensely personal, often anguished choice for women. "I have met so many women who bear in their heart the scar of this agonizing and painful decision," he wrote.

THE ASSOCIATED PRESS

## HEALTH

### Midlife obesity linked to earlier Alzheimer's

One more reason to watch the waistline: New research says people's weight in middle age may influence not just whether they go on to develop Alzheimer's disease, but when.

Obesity in midlife has long been suspected of increasing the risk of Alzheimer's. Researchers at the National Institutes of Health took a closer look and reported Tuesday that being overweight or obese at age 50 may affect the age, years later, when Alzheimer's strikes. Among those who eventually got sick, more midlife pounds meant an earlier onset of disease. It will take larger studies to prove if the flip side is true — that keeping trim during middle age might stall later-in-life Alzheimer's. But it probably won't hurt.

"Maintaining a healthy BMI at midlife is likely to have long-lasting protective effects," said Dr. Madhav Thambisetty of NIH's National Institute on Aging, who led the study reported in *Molecular Psychiatry*.

To explore obesity's effects, Thambisetty's team turned to the Baltimore Longitudinal Study of Aging, one of the

## + SILENT START

### Cure still elusive

Alzheimer's starts quietly ravaging the brain more than a decade before symptoms appear. With a cure so far elusive, researchers are hunting ways to at least delay the disease, and lifestyle changes are among the possible options.

longest-running projects to track what happens to healthy people as they get older.

The researchers tracked BMI, or body mass index, a measure of weight to height. Every step up on the BMI chart predicted that when Alzheimer's eventually struck, it would be 6-1/2 months sooner. In other words, someone who had been obese — a BMI of 30 — during middle age on average had their dementia strike about a year earlier than someone whose midlife BMI was 28, in the overweight range, Thambisetty explained.

THE ASSOCIATED PRESS

## HUNGARY

# Smugglers wait in wings as migrants blocked from trains

Hungary stunned migrants and European partners Tuesday by blocking asylum-seekers from its westbound trains, a move that raised new challenges for the EU's passport-free travel zone and could drive many into the reckless hands of cross-border smugglers.

Hungary's right-wing nationalist government defended its U-turn — just days after it started permitting migrants on the trains without any coherent immigration controls at all — as necessary to send

“There is no logic behind what Hungary is doing.”  
Gabor Gyulai

a get-tough signal.

Human rights activists criticized the action as futile and reckless, given that eastern European gangs have mobilized fleets of vehicles for illegally transporting migrants to Aus-

tria, Germany and elsewhere — but at steep prices and in often dangerous conditions. They warned that blocking public transportation would increase risks of a repeat of last week's tragedy when the bodies of 71 people, apparently suffocated, were found in the back of an abandoned truck near Vienna, Austria.

"There is no logic behind what Hungary is doing: Yesterday they let migrants use the trains, and today they do not," said Gabor Gyulai, refu-

gee program co-ordinator for a Budapest-based rights group called the Hungarian Helsinki Committee.

Confusion reigned at Budapest's Keleti train station as migrants arrived with tickets in hand, often costing 200 euros (about \$295) each or more, intending to take the morning service to Vienna and the German city of Munich. Barring their way were lines of maroon-capped Hungarian police, some of them in body armour.

THE ASSOCIATED PRESS



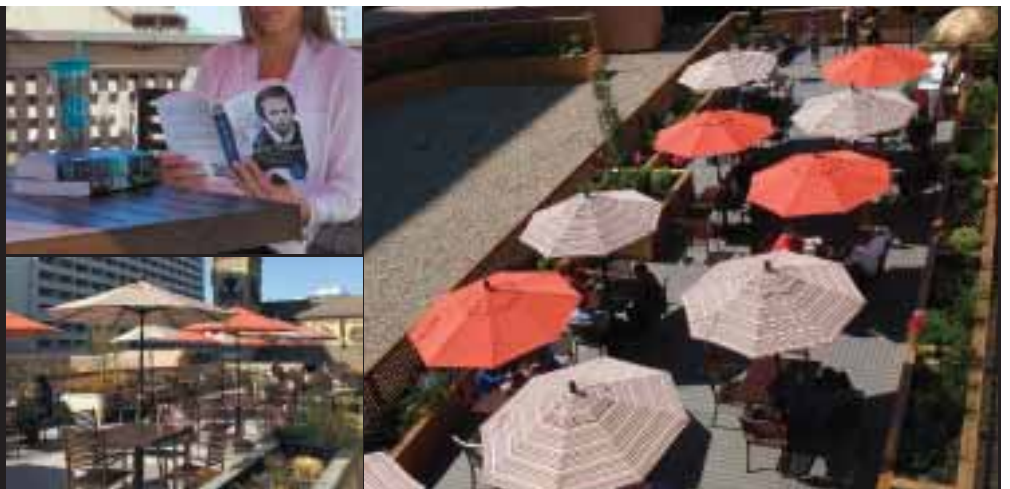
**Migrants wait to board a train to Germany at the Keleti station in Budapest, Tuesday.** ZOLTAN BALOGH-MTI/THE ASSOCIATED PRESS

## TAKE IN THE OUTDOORS

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# Oil firms cutting 900 jobs

## ENERGY

### Sector has lost 35,000 positions so far this year

A fresh wave of layoffs is hitting Alberta's energy sector, with two oil and gas companies announcing 900 job cuts on Tuesday, mostly in Calgary, and analysts saying they see more on the way.

Penn West Petroleum is reducing its workforce by 35 per cent for a loss of over 400 full-time employees and contractors.

And ConocoPhillips Canada plans to lay off 400 employees, or 15 per cent of its workforce, plus 100 contractors.

Penn West said most of the job cuts announced Tuesday are effective immediately, while ConocoPhillips — which informed employees of its decision a day before making it public — said its workforce reduction will happen by mid-October.

The job cuts come as the industry continues to grapple with



Clouds hover over Conoco signs at a service station in Glenrock, Wyo. ConocoPhillips Canada announced Tuesday it is slashing 15 per cent of its workforce, following a plunge that took prices to their lowest levels in years. THE ASSOCIATED PRESS FILE

oil prices below \$50 US a barrel, compared with more than \$100 US a barrel last summer,

with no big recovery in sight. "We don't see a lot of correction in the short term," Conoco-

Phillips spokesman Rob Evans said Tuesday.

"It's really kind of changing

the way we work and that's resulting in, unfortunately, some staff reductions."

Evans said the ConocoPhillips cuts are part of a 10 per cent global reduction in staff by the major U.S. producer in the current low-price environment.

Penn West chief executive Dave Roberts said Tuesday on a conference call with analysts that he expects the current cycle to be "prolonged and increasingly volatile" and has been forced to make cuts to weather the storm. To reduce spending Penn West has not only cut jobs, but also suspended its dividend, cut board compensation by 40 per cent and further reduced this year's capital budget.

The company is now planning \$500 million in capital spending this year, a 40 per cent reduction from its original plan for the year, and will further reduce spending next year by \$140 million to \$250 million from this year's level.

The Canadian Association of Petroleum Producers estimates Alberta's oil and gas sector has already lost 35,000 jobs this year.

THE CANADIAN PRESS

## IN BRIEF

### Amazon ups the ante in streaming-video fight

Amazon is now letting members of its \$99 annual Prime loyalty program download some shows and movies on its streaming-video service to watch offline, or when there is no Internet connection available, for free. Shows will be downloadable to Apple and Android phones and tablets, including Amazon's Fire devices — but not desktops or laptops. The downloadable videos are available to prime members in the U.S., U.K., Germany and Austria. THE ASSOCIATED PRESS

## market minute

	<b>DOLLAR</b> 75.63¢ (-0.38¢)
	<b>TSX</b> 13,481.90 (-377.22)
	<b>OIL</b> \$45.41 US (-\$3.79)
	<b>GOLD</b> \$1,139.80 US (+\$7.30)
<b>NATURAL GAS:</b> \$2.702 US (+1.3¢)	
<b>DOW JONES:</b> 16,058.35 (-469.68)	

## PERSONAL FINANCE

### Emergency savings low: BMO

Canadians on average are socking away more money for potential financial emergencies than in the past, but a new survey has found that almost a quarter are still living paycheck to paycheck.

The survey, conducted by Pollara for the Bank of Montreal, found that 24 per cent of respondents had hardly anything set aside, and more than half (56 per cent) reported having less than \$10,000 in available emergency funds. Christine Canning, head of everyday

**\$10,000**  
More than half of Canadians surveyed reported having less than \$10,000 set aside for an emergency.

banking at BMO, describes the ideal emergency savings fund as one that can replace three to six months of income.

By region, the survey found

that those in Atlantic Canada had the lowest average amount of emergency funds set aside at \$20,152, with only eight per cent having more than \$50,000 available and 27 per cent with between \$10,000 and \$49,900.

B.C. residents had the most set aside, an average \$70,364, with 21 per cent having \$50,000 or more and 14 per cent between \$10,000 and \$49,900. The average amount set aside was \$24,671 in Quebec, \$41,088 in Ontario, and \$40,341 in Alberta.

THE CANADIAN PRESS

## INTERNET

### Google unveils new-look logo

Google is refining its famous logo as it prepares to become a part of a new holding company called Alphabet.

The revised design unveiled Tuesday features the same mix of blue, red, yellow and green that Google has been using throughout its nearly 17-year history, though the hues are slightly different shades.

Google also invented a new typeface called "Product Sans" that is meant to resemble the simple printing in a grade-school book. It will replace



Google's revised design. GOOGLE/THE ASSOCIATED PRESS

a serif typeface that Google has been using in its logo for more than 16 years. The "e" in the company's name will remain slightly tilted to reflect Google's sometimes off-kilter thinking.

The overhaul will change

the appearance of the letter "g" that Google uses as its shorthand logo on the smaller screens of smartphones and other mobile devices.

The "g" will now be capitalized and displayed in colour instead of being kept lower-case and white.

A swirl of dots in Google's colours will also appear when a spoken command for information is being processed or one of the company's other services is performing a task.

THE ASSOCIATED PRESS

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## URBAN ETIQUETTE



### THE QUESTION

**Someone is eating at my desk when I'm not there, and I find it totally disgusting. Can you please write a column about this so I can leave it for the person to see?**

Dear Ellen,

Someone is eating at my desk when I'm not there, and I find it totally disgusting. Can you please write a column about this so I can leave it on my desk for the person to see next time they want to chow down at my computer station?

Mia in Calgary

Dear Mia,

Normally I would suggest you speak to the person directly, rather than leaving this column lying on your desk, which could be construed as passive-aggressive. That's its own form of bad manners.

In this case, however, since you don't know the identity of the perpetrator, and since I am always happy to gain new readers, why don't I directly confront this person for you, right here, right now?

Dear Rude, Messy Slob  
Who Is Secretly Eating at  
Someone Else's Desk:

It's hard to know where to begin, so let's begin charitably. The fact that you are performing a bodily function in the small, personal space that your co-worker Mia has carved out for herself is not the worst crime on Earth. Perhaps there is a perfectly reasonable explanation. Like: Hers is the only desk, and there is no other horizontal surface within walking distance. Or your job is to test envelopes containing powdery substances that could be anthrax, and so, understandably, you don't want to eat at your own desk. Or maybe you work on the International Space Station, and Mia's desk is the only one equipped with centrifuge gravity simulators that will keep your plate of irradiated protein and rehydrated spuds in place.

But if none of these situa-

tions apply to you, then please know that it is unacceptable for you to eat without permission in another person's workspace. I don't know how to make this any clearer. In fact, Mia, why don't you grab a highlighter and run it over the next sentence before propping this column up on your keyboard?

**DEAR RUDE, MESSY SLOB:  
STOP EATING AT OTHER  
PEOPLE'S DESKS.**

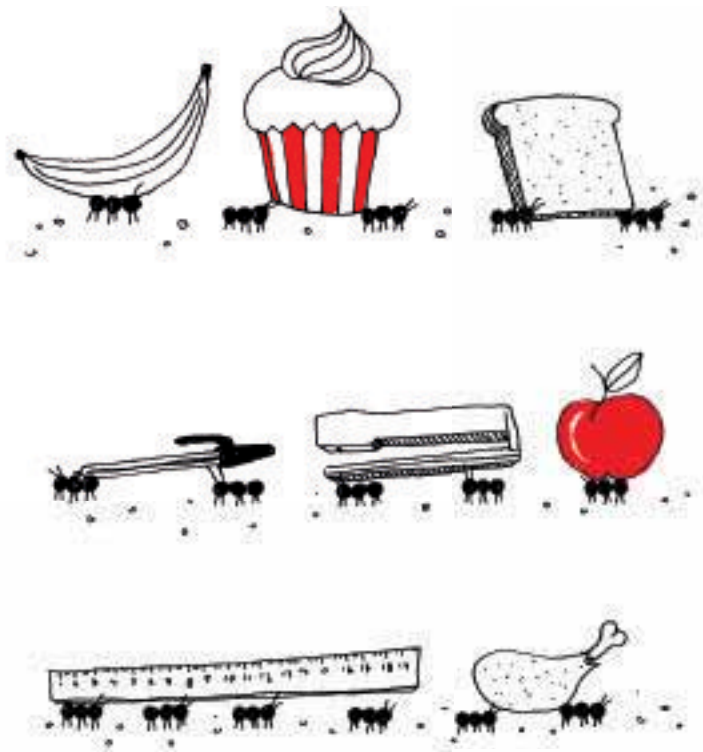
Some of you may be thinking it's too harsh to call someone a Rude, Messy Slob. Although it may not be the worst crime on earth (or even in space), to eat at someone else's desk, it is ir-

refutably rude and sloppy to leave the evidence behind.

If you're going to sit in my chair (maybe my desk has a better view, maybe it's next to the person you want to

**If you're the kind  
of person who  
doesn't notice or  
care about leaving  
splatters and gunk  
and wrappers  
around, then you  
are a rude, messy  
slob, my friend.**

dine with, maybe you work in a tanning factory and your



Ani Castillo

## ROSEMARY WESTWOOD

metroview

### The media, to Harper, is a mostly unnecessary evil

Mohamed Fahmy, once again, is in jail in Egypt.

This time, Stephen Harper appears upset enough to speak about the Canadian journalist's case — on Twitter.

"Canada continues to call on Egypt for the immediate and full release of Mr. Fahmy, and full co-operation to facilitate his return home," he, or the handler of his Twitter handle, tweeted.

I don't doubt our government is trying to secure his freedom, even if, as some argue, it's not trying hard enough. (Strong lobbying from Australia's prime minister helped secure the deportation of Fahmy's Aussie co-accused in February.)

But Harper must know respect for journalism cuts both ways — as in, if you call for it in Egypt, you might want to be sure you're practising it at home.

Fahmy has been sentenced for a second time on what his lawyer Amal Clooney called "sham" charges, amid Egypt's crackdown on the media.

The Conservatives say, vaguely, they've been pushing at the "highest level" for his release and return to Canada.

An iPolitics editorial notes that "If Harper offered more details, Fahmy's case would surely get more media coverage — which would intensify the pressure on (Egyptian President Abdel Fattah) al-Sisi to respond."

But that would require sharing information with the press at home. And that would be a dramatic 180 for the PM.

If we're to go by his actions, Harper's interest in the press here is either nonexistent or invisible. He rarely speaks to reporters, and he's been pilloried for silencing public servants. The media — as many of my colleagues have aptly detailed — is, to Harper, a mostly unnecessary evil.

His government views sharing information with the public as a discretionary gift, not a necessity. In this case, it could be argued that has aided the stripping of freedoms of a Canadian citizen abroad.

Freedom of the press exists on a continuum. It doesn't only mean you don't jail reporters for doing their jobs (Fahmy was convicted of "spreading false news" among other charges). Shutting out reporters from campaign rallies in Vancouver for asking about marijuana, refusing any questions during a whole six-day junket in Calgary, and taking the general view that you don't owe the press, or the people, anything — that, too, is an attack on press freedom.

Fahmy's family has been running a #HarperCallEgypt campaign on Twitter since February. Perhaps after that, he could give one of our many respected political reporters the time of day.

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# Let's do lunch boxes right

## BACK TO SCHOOL

### Plan ahead and mix it up to keep kids interested

With the start of school right around the corner, now is the time to brainstorm with your kids to line up some new recipes and fun ideas for lunches.

Experts advise that if children have some say in what they eat, it's more likely lunch boxes will be returned home with just crumbs instead of uneaten food.

"One of the ways we can ensure kids eat their lunch is for them to be involved, so if they do feel some ownership over their lunch and they get to choose some of the items, they're more likely to eat them," says registered dietitian Kate Comeau.

Have everyone suggest their favourite lunch and snack and keep a list on the fridge or other prominent spot in the kitchen, says Comeau, spokeswoman for Dietitians of Canada, during an interview from Halifax.

"Keep that page handy so that when you're doing grocery shopping and making lunches, you can ensure those foods are readily available and there's lots of variety."

Weekend planning and prepping lunches the night before can go far to alleviate morning mayhem.

"On a Sunday afternoon, instead of sitting down and watch-



Have your kids pick from among a selection of foods they like and pack them in a sectioned lunch kit. ALL PHOTOS THE CANADIAN PRESS

**On a Sunday afternoon, instead of sitting down and watching a movie, why not make a homemade granola recipe.**

Kate Comeau, Dietitians of Canada

ing a movie, why not make a homemade granola recipe and talk about measuring ingredients and talk about all the skills

that are related to cooking," says Comeau.

"The idea here is the more confidence they have, the more

you are empowering them for the future that they'll be able to actively continue to pack their lunch as adults, which we know is a healthier choice."

You can make packed lunches more appealing by giving family members the option to customize their meals, and mix it up from week to week.

Have available a variety of

bread — pita, whole-grain buns, wraps — along with additions like roasted chickpeas, cut-up cheese and sliced cucumber, red pepper and tomato. Offer hummus or baba ghanouj as a switch from butter or mayonnaise.

Sunflower seed butter and soybean butter can be substituted for peanut butter, which is often banned from schools due to allergies.

For those who don't like to veer from their favourite sandwich, prep a loaf's worth and wrap and freeze a bunch of lunches individually, suggests TV host and magazine publisher Ricardo Larrivée.

Tired of sandwiches? Experiment with salads containing different grains such as wild rice, millet and freekeh.

"For a less adventurous eater you might stick with something like white rice, which is bit bland, and then add in a little bit of a new grain to try, but having something like a wild rice salad with cranberries and almonds and a little bit of chopped chicken on top can be a great lunch," says Comeau.

Pack a water bottle, not juice boxes, in lunches, adds Comeau.

"Remember that kids don't need juice. Packing water and a piece of fruit is always going to be more nourishing," she says.

Orange sections, melon cubes or grapes packed in a small container are easy to pop into the mouth. Some parents cut an apple into wedges, then reassemble the fruit and hold it together with a rubber band to lessen browning. THE CANADIAN PRESS

## BUILD-YOUR-OWN KITS

### Tame picky eaters

When it comes to school lunches, variety is important to keep kids from getting bored. A healthy mix also provides different nutrients. "No one fruit or no one vegetable is going to give you everything that your body needs, so the more variety, the better chances we have of covering off our bases," says Kate Comeau, spokeswoman for Dietitians of Canada.



### The more variety the better.

Dietician Kate Comeau

When it comes to picky eaters, research shows that the more kids try a food the more likely they're going to like it.

"The biggest advice we can give to parents is to not give up," says Comeau.

A popular idea for picky eaters is build-your-own lunch kits. Put something from each of the four food groups in each part of a sectioned container.

"Maybe you'd have pita triangles in one, cheese cubes and hummus and sliced cucumbers. Your child can pick the four things they like and they won't be touching or mixed up," suggests Comeau.

"And don't panic if one of those four sections comes home and it's not eaten ... try again the next day and see what they'd like." THE CANADIAN PRESS

## FUN FOOD-TO-GO

### Breakfast in a bar

#### Ingredients

- 2 cups rolled oats
- 1/2 cup natural bran
- 1/4 cup wheat germ
- 1/4 cup all-purpose flour
- 1/4 cup dried cranberries or raisins
- 1/4 cup slivered almonds or chopped walnuts (for a nut-free option, replace almonds or walnuts with dried fruits)
- 2 tsp baking soda
- 2 tsp ground cinnamon
- 1/2 tsp ground ginger
- 1/2 tsp ground nutmeg
- 3 eggs
- 1 cup unsweetened applesauce

- 1/2 cup 1 per cent milk
- 3 Tbsp packed brown sugar

#### Directions

Preheat oven to 350 F. Spray an eight-inch square baking pan with cooking spray; set aside.

In a large bowl, combine oats, bran, wheat germ, flour, dried cranberries, almonds, baking soda, cinnamon, ginger and nutmeg.

In a separate bowl, whisk eggs, applesauce, milk and brown sugar. Pour over dry ingredients and mix just to combine. Spread into prepared baking pan, smooth-



ing top.

Bake in preheated oven until toothpick inserted near centre comes out clean, 35 to 40 minutes. Let cool in pan

on a wire rack before cutting into bars.

Makes 16 snack-size or eight meal-sized bars.

THE CANADIAN PRESS



## CELEBRATION RICE

This colourful lunch salad, which combines poultry, rice, vegetables and dried cranberries, is a great way to use up leftover cooked turkey or chicken and also adaptable for vegetarians.

#### Ingredients

- 1 cup wild rice or wild rice blend
- 4 green onions, thinly sliced
- 1/2 cup chopped cucumber or celery
- 1/2 cup dried cranberries
- 1 cup diced cooked turkey or chicken (Omit for vegetarian version; replace with cooked beans or lentils, if desired)
- 1/2 cup crumbled light feta cheese
- 3 Tbsp raspberry vinaigrette

#### Directions

In a pot, cover wild rice with water and bring to a boil.

Cover slightly and simmer for about 30 minutes or until rice is tender.

Drain well and place in a large bowl.

Add green onions, cucumber and cranberries.

If using, add chicken and feta. Add vinaigrette and toss well to combine.

Makes six 1-cup servings.

THE CANADIAN PRESS



# Whopper of a moneymaker

Chris Brown recently revealed that he owns a bunch of Burger King restaurants. Turns out he's one of a number of celebrities who supersize their success with fast-food franchises. **AFP**

## Chris Brown: Burger King

In a fun facts list published in US Weekly magazine, Brown revealed that he's a franchisee for the home of the Whopper and owns 14 Burger King restaurants across the U.S. And while the franchise partnership may sound incongruous to the glamorous life of an R&B singer, he's the latest celebrity to turn to franchising as a way to invest his money and have it work for him.



## Kanye West: Fatburger, Burger King

A fan of the West Coast burger brand, Yeezy opened a slew of Fatburger restaurants in his home town of Chicago. Last year, it was reported that the rapper also bought 10 Burger King restaurants as a wedding gift for new wife Kim Kardashian.



## Magic Johnson: Burger King, TGI Friday's

Brown follows in the rather big footsteps of former Lakers star Earvin "Magic" Johnson who owns 30 Burger King restaurants. He also owns several AMC Theaters and a TGI Friday's restaurant.



## Venus Williams: Jamba Juice

On the lighter side of fast franchising stands Venus Williams, who owns four Jamba Juice locations in the Washington, D.C. area. The tennis star says the brand jives with her healthy lifestyle, and she's also the company's celebrity spokeswoman.



## Peyton Manning: Papa John's

It's the perfect tie-in: As the junk food of choice among football fans, star player Peyton Manning made the decision to become a franchisee of Papa John's, the official pizza brand of the NFL. It's estimated he owns 21 restaurants in Denver.



## Shaquille O'Neal: Auntie Anne's

Enamoured with the soft pretzels served at Auntie Anne's, the retired NBA star has taken on 19 stores across the U.S. and is also investing in Five Guys Burger and Fries.



### NUTRITION

## Tennis star Djokovic is fuelled by plants

Does Novak Djokovic drink wine? That seems like a good question to ask during a wine-tasting event at which he's the guest of honor.

But Djokovic, the world No. 1 who is in New York City for the next two weeks and considered a favourite at the U.S. Open, abstained at a recent event — even while cooking a personal recipe of pasta and shrimp. Obviously, he's made of tougher stuff than the rest of us.

So what does go into that finely honed machine to make it run? Not gluten and dairy.

Growing up in Serbia, Djokovic worked as a waiter and dishwasher in his family's Italian-influenced restaurant — he describes the menu as "a lot of pizzas." His homeland is also famous for its pancakes, which he says meant "wheat was a part of my everyday life — we have bakeries around every corner."

Being surrounded by gluten took its toll, and he gave it up along with dairy five years ago. "I have a strong kind of sensitivity to gluten because of overconsumption of it," he says.

That eased once he stopped constantly eating it, and



**Novak Djokovic mostly stays away from gluten these days except when carb loading before games.** GETTY IMAGES

Djokovic can now indulge in carbo-loading before tournaments. He also sticks to proteins that are on the lighter side. "I try to have as little animal food as possible," he says, preferring to get his fuel from plant-based sources like mushrooms, whey, tofu and chickpeas. When he does eat meat, it's chicken, fish and turkey. And don't make the food spicy, otherwise "you would see me more off the court than on the court."

Though Djokovic leaves meal prep to professionals these days, he cooks with the same laid-back, playful attitude as he plays with — talking to the ingredients and, fun fact, getting squeamish about head-on shrimp.

EVA KIS/METRO IN NEW YORK

### BEER

## Crafty IPAs

### LIQUID ASSETS

**Peter Rockwell**  
@therealwineguy



If you want to know what's driving the current trend in crafty beer it can be summed up in three letters: IPA.

Translating to India Pale Ale; IPAs are revered for their very hoppy personality and typically higher alcohol level. They got their name thanks to British breweries adding excessive hops to their brews before shipping them to India back in the late 1700s.

The high hopping helped the beer survive the long, turbulent sea voyage, and gave it a distinctively aggressive flavour that, to this day, remains a huge hit worldwide.

North American brewers have all but surpassed their U.K. counterparts in IPA production, with Chicago's Goose Island Brewery making waves on both sides of the pond.

Now too big to be considered a true craft brewery (it's owned by Anheuser-Busch InBev) Goose Island's IPA (6x341ml, \$12.29-\$13.99) has a nice balance of hop and malt that doesn't pound on your palate so you can have more than one glass.



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## Here's one for the off-road

“Toyota has stuffed the available TRD Off-Road edition with features that make it one of the most trail-capable pickups of any size.”

### REVIEW

### Multi-terrain selector, 'crawl control' among Tacoma's tricks



Jil McIntosh  
Metro | Canada

As before, the Tacoma comes as an Access Cab with rear-hinged back doors, or as a Double Cab with four regular doors, and in two- or four-wheel drive.

The redesigned cabin looks more upscale than before, but unfortunately the seating position hasn't changed. The seats are still set low on a high floor, and my leg gets cramped because I'm forced to sit with my knee too straight.

The off-road model's tricks include a multi-terrain selector to dial in the best automatic settings for snow, mud, sand or rocks, and a "crawl control" feature that works like low-speed cruise control. Once it's set, all you have to do is steer while the Tacoma pulls itself up or down the steepest hills. And if you want to prove it to your friends, a GoPro camera mount on the windshield is standard equipment on all models.

Towing capacity increases to 6,500 lbs. (2,548 kg), but Toyota says that smaller trucks are usually used more for hauling, and so payload rises to 1,620 lbs. (735 kg), and the tailgate has been reinforced to better handle ATVs and dirt bikes.

The new truck goes on sale later this month.

For those of us who love trucks, it's always exciting to get behind the wheel of a new model. That was the case recently with the redesigned 2016 Toyota Tacoma, which I drove not just on-road, but on a punishing off-road course, too.

While its pavement performance rates about the same as with the outgoing Tacoma, Toyota has stuffed the available TRD Off-Road edition with features that make it one of the most trail-capable pickups of any size.

A 2.7-litre four-cylinder is carried over, while the 3.5-litre V6 is all-new. It uses technology that automatically adjusts the fuel delivery and engine performance to improve fuel economy, depending on the power needed, and is available with a six-speed manual or automatic transmission.

### THE CHECKLIST | 2016 TOYOTA TACOMA

#### THE BASICS

**Type.** Four-door, five-passenger compact pickup truck

**Engine (hp/torque).** 2.7-litre four-cylinder (159/180); 3.5-litre V6 (278/265)

**Transmissions.** 5-speed manual (I4); 6-speed manual (V6); 6-speed automatic

**Price.** TBA

#### COOL FEATURES

- Standard fog lamps and heated mirrors
- GoPro windshield mount
- Qi wireless smartphone charging
- Available sunroof
- Locking and damped tailgate
- Available blind spot monitoring and cross-traffic alert
- Composite cargo bed



JIL MCINTOSH/FOR METRO

#### POINTS

- The V6's fuel-saving technology is also used on some Lexus models.
- The off-road package has an impressive approach angle of 32.1 degrees to handle rough terrain.
- New noise-suppressing features result in an extremely quiet cabin.
- The new frame is designed so that existing aftermarket accessories designed for the outgoing truck will still fit.
- A backup camera, and driver and passenger knee airbags, are standard on all models.

#### MARKET POSITION

While the full-size pickup segment is the most popular, compact and midsize trucks still take a slice of the market. Toyota's biggest concern is GM's new trucks, and this update, along with the improved off-road capability, should keep the Tacoma in the running.

#### THE COMPETITION



**Chevrolet Colorado**  
Base price: \$19,900



**GMC Canyon**  
Base price: \$20,600



**Nissan Frontier**  
Base price: \$22,748

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## Extra special ending

MLB

### Low-key second baseman latest Jay to step up in big moment

Ryan Goins hit a two-run home run in the 10th inning to lift the Toronto Blue Jays to a 5-3 win over the Cleveland Indians on Tuesday night.

Edwin Encarnacion had an RBI sac fly in the first inning for Toronto (75-57), but was held hitless for the rest of the game to end his 26-game hitting streak.

Encarnacion's streak was the second longest in Blue Jays history, behind Shawn Green's 28-game roll in 1999.

Marco Estrada (11-8) pitched seven innings, striking out two but only allowing five hits. He was relieved by Aaron Sanchez, Roberto Osuna, Brett Cecil and Mark Lowe.

Lowe was the pitcher of record, earning the win after picking up one out in the top

TUESDAY In Toronto

**5** BLUE JAYS  
**3** INDIANS

of the 10th inning.

Yan Gomes had a pair of home runs as Cleveland (64-67) had its six-game win streak snapped. Michael Brantley had a homer of his own in the fourth inning.

Cody Anderson (2-3) gave up two runs and three hits, with two strikeouts over six innings. Ryan Webb allowed a go-ahead run in the seventh and Jeff Manship retired three straight batters in the eighth. Brian Shaw allowed Goins homer after an inning and a third of work.

Catcher Dioner Navarro led off the 10th inning with a single to right field. After Kevin Pillar flied out to centre field, Goins came to the plate.

Goins put a 1-0 slider from Shaw over the right-field wall and was mobbed by his teammates at home plate while



Second baseman Ryan Goins arrives at home plate to a mob of teammates after hitting a walk-off home run on Tuesday night at Rogers Centre. STEVE RUSSELL/TORSTAR NEWS SERVICE

the crowd erupted.

Toronto got to Anderson in the first inning, as Encarnacion's sacrifice fly to deep

centre field gave Josh Donaldson enough time to run home from third base for a 1-0 lead.

Another sacrifice fly put

the Blue Jays up 2-0. Jose Bautista's popout to left field sent Goins home in the third inning. THE CANADIAN PRESS

**.778**

By going 21-6, the Blue Jays' .778 winning percentage matched the 1938 New York Yankees, who own the American League record for victories in a month with 28 in 36 games that August.

**49**

No major-league team hit as many home runs last month as the Blue Jays, with MVP candidate Josh Donaldson and Edwin Encarnacion each contributing 11 and Jose Bautista adding 10.

**170**

Toronto's 170 runs scored in August led the majors at an average of 6.30 a game and their 720 runs this season are 90 better than the next-closest team.

**87**

The Blue Jays outscored opponents by 87 runs in August, improving their major-league-best run differential to plus-191, which is 51 more than the National League-leading St. Louis Cardinals.

**7-1/2**

Their August run allowed the Blue Jays to make up 7-1/2 games in the American League East — going from six back of the New York Yankees on the morning of Aug. 1 to 1-1/2 up on Sept. 1.

### ROUNDUP

#### Bergin's solo strike helps Canaries edge Goldeyes

Just one swing of the bat in the second inning decided the ball game Tuesday night as the Winnipeg Goldeyes opened a four-game home series against the Sioux Falls Canaries with a 1-0 loss.

Sioux Falls first baseman David Bergin took the first pitch he saw — an up and inside fastball — deep to left for a leadoff solo-shot — proving to be all the Canaries needed in a tight defensive affair in front of 4,521 fans at Shaw Park.

"It's tough to go out there and throw your ass off and you leave one pitch up and they hit it out," said Goldeyes starter Tony Smith. "At least he got his money's worth — he hit it pretty far."

Despite earning the loss, Smith was rock solid in his eight complete innings of work, allowing five scattered hits while facing just 27 plate opponents.

The Goldeyes, who will miss the playoffs for only the third time over their last 10 seasons, complete the remainder of their schedule at home through Sept. 7.

DARRIN BAUMING FOR METRO

#### Murray and Wozniacki into 2nd round of US Open

Andy Murray was only briefly troubled by Nick Kyrgios in the most-anticipated match of the U.S. Open's first round.

The third-seeded Murray, who won the title at Flushing Meadows in 2012, hit 18 aces and saved 11 of 14 break points en route to 7-5, 6-3, 4-6, 6-1 victory over Kyrgios on Tuesday night.

Murray was mostly steady in the face of Kyrgios' various antics, which included appearing to take a nap during changeovers, smashing his racket and earning a warning from the chair umpire for cursing aloud. Caroline Wozniacki, last year's U.S. Open runner-up to Serena Williams, beat NCAA champion Jamie Loeb 6-2, 6-0. The 20-year-old Loeb earned a wild card into the draw by winning the college title as a sophomore at North Carolina. THE ASSOCIATED PRESS



Canada's Andrew Wiggins was unable to prevent Argentina from edging the contest. EDUARDO VERDUGO/THE ASSOCIATED PRESS

OLYMPIC QUALIFYING

## Scola dents Canadian hopes

Luis Scola gave Canada's talented but inexperienced basketball team a lesson on just how hard it is to qualify for the Olympic Games.

The veteran power forward scored 35 points and added a game-high 13 rebounds to lead Argentina to a 94-87 win over Canada on Tuesday at the 2015 FIBA Americas basketball championship.

The Toronto Raptors, who signed Scola after last season, must have been thrilled watching the 35-year-old dominate the court like he was 10 years

TUESDAY In Mexico City

**94** ARGENTINA  
**87** CANADA

younger. Scola bullied his way to rebounds, created turnovers and was accurate from two-point range. He had two steals and two assists while shooting 57 per cent from the floor.

Point guard Nicolas Laprovittola added 20 points and four assists for Argentina, which

opened with a 91-86 win over Puerto Rico on Monday.

Minnesota Timberwolves teammates Andrew Wiggins and Anthony Bennett led Canada with 13 points each, with Boston centre Kelly Olynyk adding 10 rebounds and Raptors point guard Cory Joseph dishing out seven assists.

Canada (0-1) will try to get back on track to qualify for the 2016 Olympics when it faces Cuba on Wednesday. The top two teams in Mexico City qualify for the Rio Games.

THE CANADIAN PRESS



## PREMIER LEAGUE

# Real, United stumble at transfer deadline

The deadline arrived, but the announcement never did.

In a surreal ending to the transfer window in Spain, the much-anticipated move of Manchester United goalkeeper David de Gea to Real Madrid never materialized. The clubs had struck a deal that would see Madrid goalkeeper Keylor Navas move the other way, but it broke down because the necessary paperwork wasn't submitted on time.

Madrid and United negotiated late into Monday evening after talks that dragged on for several weeks, but the clubs failed to register the new contract with Spanish league offices before midnight local time.

La Liga confirmed Tuesday that De Gea was not among the players transferred by Monday's deadline, but did not say whether Madrid actually attempted to register the player or if something went wrong to keep the deal from happening. Madrid and United blamed each other for the debacle.

Madrid said the English club took too long to review the transfer contracts and was late submitting the required documentation into FIFA's electronic transfer system. In its lengthy statement, Madrid blamed United for delaying the start of the transfer talks.

THE ASSOCIATED PRESS

**\$1.7B**

Total spending by Premier League clubs in this summer's transfer window was about 860 million pounds (\$1.7 billion CAD).

## NFL

# Seahawks take a flyer on RB Jackson

After being released by the Buffalo Bills, running back Fred Jackson is looking for an opportunity to reunite with former teammate Marshawn Lynch in Seattle.

Jackson travelled to Seattle to meet with the Seahawks on Tuesday, but coach Pete Carroll cautioned that no deal has been struck. Carroll said Jackson would be going through a physical.

"This is a visit for us. It's not a signing," Carroll said. "We have tremendous respect for Fred as a player. He's obviously got a wealth of background, he's tough, he's sharp, he's smart, so we need to see where he is right now at 34 years old and see what he looks like."

Jackson, an eight-year veteran, became a free agent on Monday when the Bills cut the respected team leader and fan favourite. The interest in Jackson emerged



Fred Jackson was cut by the Bills Monday. GETTY IMAGES FILE

when Seattle learned that backup running back Robert Turbin suffered a significant high-ankle sprain in Saturday's pre-season game against San Diego and there is no estimate of when he'll be able to return.

Turbin has served as Lynch's backup since being drafted by the Seahawks in 2012.

THE ASSOCIATED PRESS

## IN BRIEF

## Cohon gets gig in music biz

Mark Cohon has a new gig. The former CFL commissioner was named the chairman of the board for The Canadian Academy of Recording Arts and Sciences, Juno Awards and MusiCounts on Tuesday. Cohon will assume the post Sept. 29 and succeed Ed Robinson as the 11th chairman of the board.

"We have much to be proud of in our Canadian music industry," Cohon said.

## Eskis sweep weekly honours

Quarterback James Franklin, running back/returner Kendial Lawrence and receiver Derel Walker led the Edmonton Eskimos to a sweep of the Shaw CFL top performer of the week honours.

It marks the third time this year a team has swept the league's weekly awards.

The Eskimos dismantled the Toronto Argonauts 38-15 at home on Friday night.

THE CANADIAN PRESS



Bob Dyce was promoted from special teams to head coach after Corey Chamblin was fired on Monday night.

MICHAEL BELL/THE CANADIAN PRESS

# Reshaped Riders expecting wins now

## CFL

## Pressure on Dyce right away as Bombers set to visit Regina

Bob Dyce won't have a grace period as the new head coach of the Saskatchewan Roughriders.

Dyce was named the Riders' interim head coach after Corey Chamblin was fired Monday night, along with general manager and vice-president of football operations Brendan Taman.

The moves came a night after Saskatchewan's humiliating 35-13 road loss in Ottawa on Sunday

to drop to 0-9 on the season.

Dyce, 49, doesn't have the luxury of time to get settled into his new gig as Saskatchewan hosts the Winnipeg Blue Bombers on Sunday. And new Riders president and CEO Craig Reynolds said the organization has high expectations for this weekend's contest.

"Certainly we expect a win Sunday and to get back into the (West Division playoff) race," Reynolds told reporters Tuesday. "This club should be competing for first and second year in and year out."

Dyce immediately named Brett Smith his starting quarterback after the rookie was benched in the first half against Ottawa.

**I have a great opportunity in front of me to show I am ready.**

Jeremy O'Day, who had been the Riders' assistant general manager, takes over as GM on an interim basis.

Dyce added he's not planning to make further changes to the Riders' coaching staff.

"What I'm looking forward to is the opportunity ahead of me," said Dyce, who has spent over a decade coaching in the CFL. "We

have a great opportunity right now to change the fortunes of this season and that's what I'm focused on."

Chamblin benched Smith after he was intercepted in the end zone and Tino Sunseri took the remainder of snaps. That drew the ire of many Roughriders fans, but Reynolds said it wasn't the reason the franchise made the changes it did.

On Tuesday, the Riders released Sunseri.

Dyce, who began the season as Saskatchewan's special-teams coach, is in his sixth year with the CFL club. He also spent seven campaigns as a coach and player-personnel director with Winnipeg. THE CANADIAN PRESS

## IN VANCOUVER

# Lions shift roster hoping to spark offence

Lavelle Hawkins couldn't believe his luck.

The veteran receiver with the B.C. Lions was going through the paces on the very first day of his first CFL training camp this spring when he suffered a broken arm during a drill, putting the latest chapter of his football career on hold before it had a chance to get off the ground.

"I had my mojo back," the native of Stockton, Calif., re-

called Tuesday. "The first day I was like ... 'Are you serious?'"

The Lions placed Hawkins, who played for the Tennessee Titans from 2008 to 2012 prior to bouncing between four NFL teams over the next two seasons, on the six-game injured list.

The 29-year-old with a distinctive scar on his left forearm from the break was moved to the one-game injured list last month and will finally make his

B.C. debut on Thursday when the Lions (3-5) visit the Montreal Alouettes (4-5).

"I'm excited to get out there with the fellas, just to get out there and get involved," said Hawkins, who caught 71 passes for 771 yards and one touchdown during his five years with the Titans. "These guys have been working their butts off. I'm just happy to be able to come out and help."

THE CANADIAN PRESS

**It marks a little bit of a change of philosophy for us.**

QB Travis Lulay on the release of tight end A.C. Leonard, the promotion of wide receiver Bryan Burnham to the first team and the activation of Hawkins.



## RECIPE Penne with Roasted Asparagus, Cherry Tomato, Arugula and Goat Cheese



### EAT LIGHT AT HOME

**Rose Reisman**  
rosereisman.com

@rosereisman

#### Ready in

Prep time: 10 minutes  
Cook time: 10 minutes

#### Ingredients

- 2 cups uncooked penne
  - 12 medium asparagus spears, trimmed
  - 2 cups cherry or grape tomatoes
  - 2 oz crumbled goat cheese (1/2 cup)
  - 1/2 cup pitted black olives, sliced in half
  - 2 cups baby arugula or spinach
- Dressing
- 2 Tbsp olive oil
  - 2 Tbsp lemon juice
  - 2 tsp Dijon mustard
  - 1 tsp minced garlic
  - Salt and pepper

#### Directions

1. In preheated oven of 400 F,

place asparagus and cherry tomatoes on baking sheet. Spray with vegetable oil and roast for 10 minutes.

2. Meanwhile, in a pot of boiling water, cook penne until just firm to the bite, about eight minutes. Drain and place in serving bowl. Cut asparagus into one-inch lengths and add to pasta along with tomatoes.

3. Add cheese, olives and arugula to pasta.

4. Dressing: Combine ingredients in small bowl and add to pasta.

#### Nutrition per serving (recipe serves 4)

- Calories 390
- Protein 13 g
- Carbohydrates 53 g
- Fibre 4 g
- Total fat 14 g
- Saturated fat 4 g
- Cholesterol 10 mg
- Sodium 230 mg

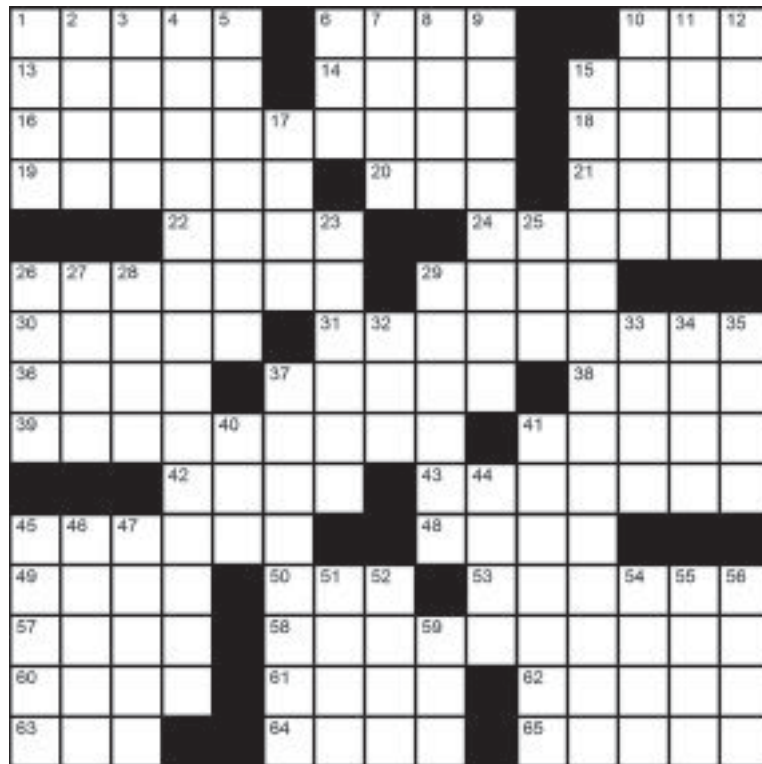
PHOTO: ROSE REISMAN

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. Arcade Fire's "Neighborhood #2 ( )"
6. Hightail it
10. "Curb Your Enthusiasm" star Mr. David, casually
13. Wearing \_ \_ (Smiling)
14. Stockings
15. "The Flintstones" pet
16. Realm for a journalist's work: 2 wds.
18. Swedish store
19. Horse riding seat
20. Wild ox
21. Enthusiasm
22. Packet of paper
24. Harry Potter, for one
26. Toronto-born actress Ms. Watson whose name is Western-inspired
29. Movie company
30. Provokes
31. Particular potato: 2 wds.
36. Terrestrial stage newts
37. Divulged
38. Family suffix in zoology
39. Youngest daughter of Princess Grace of Monaco
41. Apple pie serving
42. 'Christ' suffix (Some religious people)
43. Some brand name tea bags
45. Spain's capital
48. Captain Hook's sidekick



49. Juice berry
50. Entirely
53. Prepares the potatoes this way
57. Light baseball hit
58. Randy Bachman prop: 2 wds.
60. Abbreviated list-enders

61. Naturalness
62. Shatner's famous co-star
63. Ms. Remick
64. Double
65. Mattress manufacturer

### DOWN

1. \_ it up (Eats

- heartily)
2. Taj Mahal's site
3. "How can \_ \_ my garden of slugs?" (Gardener-to-expert query)
4. Green Gables... Dear friends, to Anne Shirley: 2 wds.
5. Rustic cabin

- decorations
6. " \_ Bop" by Cyndi Lauper
7. "Agent \_ Banks" (2003)
8. "Heat of the Moment" band
9. Material used for building boats
10. " \_ \_ Rolling Stone"

- by Bob Dylan
11. Close by, in verse
12. Willy Wonka creator Mr. Dahl
15. American jazz trumpeter who collaborated with Canadian pianist Oscar Peterson: 2 wds.
17. Nitty-gritty
23. Ancient peoples of Chichen Itza
25. Auberge
26. Eras
27. Artist's workplace
28. Diminish
29. Acting's Mr. Ulrich, and namesakes
32. Mr. Geller
33. Garfield's pal
34. Delicate, as a doily
35. Kiki and Sandra
37. Covered with medical wrapping
40. "Bali \_ \_": Song from "South Pacific" (1958)
41. The 'S' of writer T.S. Eliot's name
44. English actress Ms. Watson
45. Silent movies star Ms. Normand (b.1892 - d.1930)
46. Razor-sharp
47. Do the waltz
51. Hawaiian happening
52. Ms. Kudrow
54. "Give \_ \_ round of applause!" (Clap for this guy, people!)
55. Environmental sci.
56. Vodka brand
59. \_ Aviv, Israel

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
Everything in life happens for a reason, so don't get uptight if you don't like what occurs today. What you call "bad luck" may in fact be good luck, adjust your perspective.

**Taurus** April 21 - May 21  
Don't take anything too seriously. If you let yourself get annoyed too easily you will look back and realize how much time and energy you wasted on things that don't matter.

**Gemini** May 22 - June 21  
Sometimes it can be difficult to know whether to laugh or cry and what happens today will certainly leave you with mixed emotions. If you feel depressed, look up a friend you have not seen in a while.

**Cancer** June 22 - July 23  
Stay patient because if you get restless you may do something you later regret. Act as if you are being watched by people on whom your future depends.

**Leo** July 24 - Aug. 23  
There is no point trying to hide your feelings because everyone can read the look on your face. Why would you want to hide your feelings anyway? People expect you to be outspoken.

**Virgo** Aug. 24 - Sept. 23  
Stop lamenting what might have been and start looking forward to what still can be. You have the talent and the tenacity to turn things around. Your future is bright.

**Libra** Sept. 24 - Oct. 23  
Forget about your chores and do something that makes you feel alive. Stay positive, because then and only then will you make a good job of what you are working on.

**Scorpio** Oct. 24 - Nov. 22  
There are a lot of strange things going on around you at the moment. Should you be worried? No. Whatever may be going on it is not directed at you personally. You may in fact benefit in the long-term.

**Sagittarius** Nov. 23 - Dec. 21  
It's time to get rid of all your old junk. And not just physical junk, but mental and emotional junk too. You will have more space for the things, and people, that matter.

**Capricorn** Dec. 22 - Jan. 20  
You seem to be worried that something of value is being taken from you but ask yourself: how many times in the past have your worries proved to be unfounded? Stop worrying and start living.

**Aquarius** Jan. 21 - Feb. 19  
You have important things to do today but what matters most is the way you do it. Once others see your confident air they will respect you and do whatever you ask of them.

**Pisces** Feb. 20 - March 20  
You are assertive, but don't force people to do things your way when they don't want to. You may succeed but you will also create bad feelings. Think before you act.

### CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



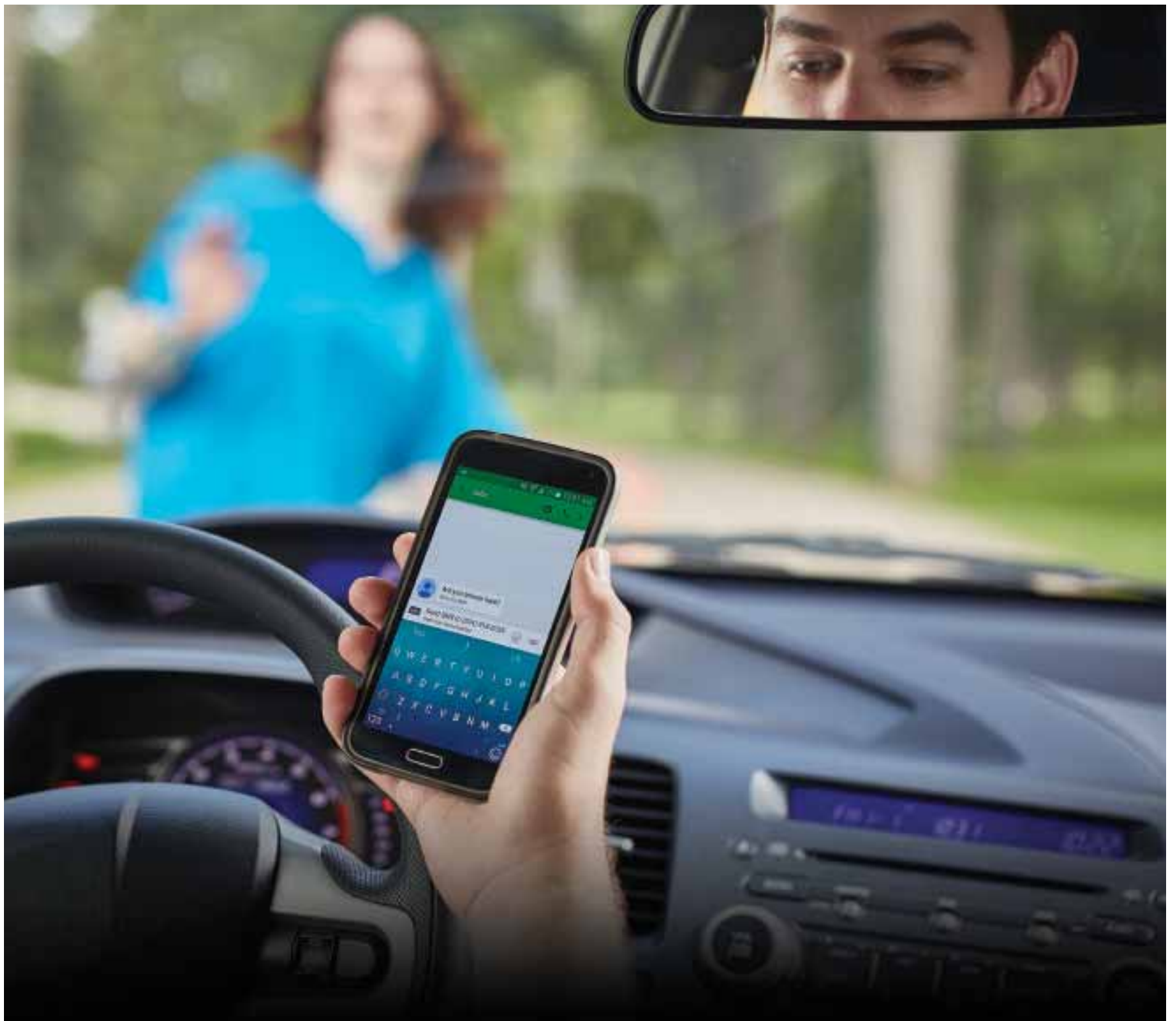
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**If you're texting, who's driving?**



**Manitoba  
Public Insurance**